

MORGAN BENOIT

MARTIAL ARTIST.



Morgan started his marital arts training at age 8 with Tae Kwon Do, but looking to push his potential he took up Chinese Kung Fu at age 15. He credits martial arts for setting his life on a positive path.

At age 17 when Morgan arrived in China he began training at Shi Cha Hai Sports School, the training grounds of Jet Li. Morgan is a part of a small group of foreigners to have reached level one in Chinese Kung Fu (Wushu) one level below the highest level of Martial Hero. Also a gymnast, Morgan worked as a general acrobat for Cirque du Soleil.

Additionally, he has performed martial arts on National Chinese television at various events including the opening ceremony of the Southern Shaolin Temple's new training facility.

In Los Angeles, Morgan trains at various facilities to stay in peak shape.